



## **Section Five: Instructional Programs**

### **515 – SEXUAL HEALTH EDUCATION PROGRAM**

#### **Introduction**

The Board of Education believes that the locally approved Central Okanagan Public School District Sexual Health Education must be based on BC Ministry of Education Curriculum:

- Physical and Health Education: Kindergarten to Grade 9
- Planning 10 (before 2018) and Physical Health and Education Grade 10 (2018 and later)

#### **Policy**

1. The Sexual Health Education Program will promote growth in the students':
  - 1.1 ability to make healthy decisions in personal relationships;
  - 1.2 ability to recognize the qualities of healthy and unhealthy relationships;
  - 1.3 knowledge that enables informed, healthy decisions regarding sexual matters and relationships;
  - 1.4 understanding of one's own sexual values and a respect for differing values;
  - 1.5 knowledge about (including language use) and understanding of sexuality including sexual and gender identity and respect for sexual and gender diversity.
2. The Sexual Health Education Program will:
  - 2.1 promote strategies for healthy sexual decision making (recognizing influences, acquiring and accessing accurate information, applying informed decision making skills, understanding potential positive and negative consequences of sexual decisions);
  - 2.2 promote strategies for the building and maintenance of healthy relationships (effective communication skills, appropriate ways of expressing emotions, setting and communicating personal boundaries, consent, respecting partner's feelings and choices, trust, communication, respect, honesty);
  - 2.3 promote strategies for recognition of and responding to unsafe, exploitive or abusive relationships (recognizing jealousy, manipulation, controlling behaviours, other forms of abuse, and related laws);



## Section Five: Instructional Programs

*"Together We Learn"*

- 2.4 identify and describe the physical, emotional, and social changes associated with puberty (knowledge of the reproductive system's structures and functions, conception, and understanding influences on individual identities inclusive of sexual identity, gender, values and beliefs);
- 2.5 identify and promote local resources available to support sexual health education.
- 3. As parents are key partners supporting the sexual health learning process, the District shall provide advance notice to parents of grade specific content and teaching schedules.
- 4. Parents or guardians shall be advised that they may seek alternate instruction of the Sexual Health Education Program for their child as specified in the Ministry of Education Policy "Alternate Delivery in the Physical and Health Education and Planning 10 Curricula":
  - 4.1 students, with their parents'/guardians' consent and in consultation with their school, may arrange to address topics related to reproduction and sexuality by an alternate means. The alternate means must be agreed upon by the student, their parents or guardians, and the school;
  - 4.2 students will, in consultation with their school, demonstrate their knowledge of the specific Ministry of Education curricula related to reproduction and sexuality they have addressed by alternative means.

Date Agreed: June 28, 1995

Date Amended: June 27, 2001

Date Agreed/Reviewed: November 13, 2002

Date Amended: October 26, 2005, February 15, 2007

February 22, 2017

Related Documents: BC Ministry of Education

Curriculum